



Tales from the TSI Network

Supporting Volunteering For All

All across Scotland

supporting older people - Volunteer Dundee



Volunteer Dundee work with many retirees and older people, seeking something meaningful in life again and looking for a way to get out and about, give something back and meet different people. It's not all plain sailing and happy holidays for people when they retire and get older. This stage of life often brings its own set of challenges for many. Volunteering can often be the solution.

The role of Volunteer Dundee

Like many people in her position one recently retired person was looking to get involved in something that would help her get out of the house and meet new people. Volunteer Dundee began by establishing that she really enjoyed driving. Always maintaining a comprehensive network of contacts for potential placements, the team knew that one, Community Cars, was looking for drivers for the very postcode area where this lady lived. They were able to refer her immediately to the Community Car driving scheme and arrange a meeting with the Volunteer Manager.

This volunteer is now volunteering every week providing a valuable door to door car service for older people - enabling them to visit friends, attend hospital appointments or social activities - the service is invaluable to those it helps. Volunteering has given her something to look forward to and her retired life has more purpose with opportunities to meet new people.

This is just one example of how Volunteer Dundee's knowledge and connections across the local community and voluntary actor; and ability to can tailor support means that meaningful and sustainable volunteering makes a difference for both volunteers and the community.

Volunteer Dundee
volunteerdundee.org.uk

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Volunteer's Week
volunteersweek.org



Voluntary Action Scotland is the national
network of Third Sector Interfaces
www.vascotland.org